



Clinton County Health Department

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Public Health
Prevent. Promote. Protect.

"Working Together for a Healthier Community"

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**Clinton County Health Department
Press Release
January 6, 2010
"H1N1 Flu Clinic in Clinton County"**

The Clinton County Health Department will be offering an H1N1 vaccination clinic for Clinton County residents. **The H1N1 vaccine is FREE of charge for all residents.**

When: Thursday, January 14, 2010

Time: 10 AM to 12:30 PM

Where: South Plattsburgh Fire Station (Route 22 and Northway Exit 36)

Both nasal mist and injectable (shot) vaccine will be available. This clinic is open to the general public. **Children under 18 must be accompanied by parent/guardian. Please dress for easy access to the upper arm.**

WHO SHOULD GET VACCINATED AGAINST H1N1 FLU?

H1N1 vaccination is now recommended for ALL New Yorkers over 6 months of age, not just those in the initial priority groups. This includes senior citizens age 65 and older.

AM I ELIGIBLE TO GET THE H1N1 FLU VACCINE?

Yes. New York State is now making the vaccine available to ALL New Yorkers. During the first phase of New York's statewide vaccination campaign, when supplies of vaccine were limited, the State designated the H1N1 vaccine for priority groups considered at highest risk of serious illness and complications from the flu and those at risk of transmitting the flu to vulnerable individuals. Now that there is an adequate supply of vaccine, the State has expanded access to the vaccine to ALL New Yorkers.

NOW IS THE TIME TO GET VACCINATED!

The H1N1 flu season is far from over. H1N1 flu activity is still widespread in New York State. Typically, the most flu activity occurs from January through March, and the flu season runs until May. Getting vaccinated now will provide protection for you against H1N1 flu for the rest of the season this winter and spring.

THE H1N1 VACCINE IS SAFE.

The H1N1 vaccine will NOT make you sick, but the flu WILL. Like the seasonal flu vaccine, the H1N1 vaccine has a very good safety record. Most people who receive the H1N1 flu don't experience any symptoms afterwards; some feel a temporary mild soreness in the arm. The nasal spray vaccine is also safe, effective, and easy to use.

For more information please go to the Clinton County Health Department web site at:
www.clintonhealth.org.

Endorsed by: _____
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