



Clinton County Health Department

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Public Health
Prevent. Promote. Protect.

“Working Together for a Healthier Community”

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**Clinton County Health Department
Press Release
"H1N1 Flu Clinics in Clinton County"
January 13, 2010**

The Clinton County Health Department continues to offer H1N1 vaccination clinics for Clinton County residents. **The H1N1 vaccine is FREE of charge for all residents.**

When: Saturday January 30th, 2010
Where: Champlain Centre Mall (Please use Border's entrance)
Time: 10:00am – 12:30pm

When: Tuesday February 16th, 2010
Where: Champlain American Legion
Time: 10:00am - Noon

For those in the community still needing a regular seasonal flu shot please contact your local private health care provider or the Clinton County Health Department to make an appointment.

WHO SHOULD GET VACCINATED AGAINST H1N1 FLU?

H1N1 vaccination is now recommended for ALL New Yorkers over 6 months of age, not just those in the initial priority groups. This includes senior citizens age 65 and older.

AM I ELIGIBLE TO GET THE H1N1 FLU VACCINE?

Yes. New York State is now making the vaccine available to ALL New Yorkers. During the first phase of New York's statewide vaccination campaign, when supplies of vaccine were limited, the State designated the H1N1 vaccine for priority groups considered at highest risk of serious illness and complications from the flu and those at risk of transmitting the flu to vulnerable individuals. Now that there is an adequate supply of vaccine, the State has expanded access to the vaccine to ALL New Yorkers.

NOW IS THE TIME TO GET VACCINATED!

The H1N1 flu season is far from over. H1N1 flu activity is still widespread in New York State. Typically, the most flu activity occurs from January through March, and the flu season runs until May. Getting vaccinated now will provide protection for you against H1N1 flu for the rest of the season this winter and spring.

THE H1N1 VACCINE IS SAFE.

The H1N1 vaccine will NOT make you sick, but the flu WILL. Like the seasonal flu vaccine, the H1N1 vaccine has a very good safety record. Most people who receive the H1N1 flu don't experience any symptoms afterwards; some feel a temporary mild soreness in the arm. The nasal spray vaccine is also safe, effective, and easy to use.

There is **NO CHARGE for the H1N1 vaccine**. Both nasal mist and injectable (shot) vaccine will be available. This vaccine is open to the general public.

For more information please go to the Clinton County Health department web site at: www.clintonhealth.org.

Endorsed by: _____

Paula Calkins Lacombe
Director of Public Health

