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**Clinton County Health Department
Press Release
"Mumps Case Confirmed in Clinton County"
April 13, 2006**

The Clinton County Health Department reports a single case of laboratory confirmed mumps involving an 18 year old Plattsburgh State student who resides locally. The student had received appropriate vaccinations, is no longer considered contagious, and is recovering without complications. Follow-up with close contacts is ongoing.

Mumps is an acute viral illness. The incubation period is generally 14-18 days. Symptoms of mumps may include swelling of one or more of the salivary glands usually the parotid glands of the neck, fever, and respiratory symptoms similar to a cold. Mumps is spread by airborne transmission of close contacts or direct contact with the saliva of an infected person. Vaccination remains the most effective means to prevent serious illness.

Current vaccine recommendations to protect against mumps is a two dose series of MMR (Measles, Mumps, Rubella) vaccination given at 12 months of age and the second dose at 4-6 years of age. Persons born before 1957 are likely to have been infected naturally and may be considered immune. Unimmunized individuals and infants less than 1 year of age who have been exposed to a person diagnosed with mumps should contact their primary care provider.

For more information call the Department at 565-4848 or visit our web page at www.clintonhealth.org.

Endorsed by: _____
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