News Release

Date: April 27, 2020
For Immediate Release
Contact: 518-565-4840

4-27-20 COVID-19 Case Update
Additional Symptoms Associated with COVID-19 Identified

Plattsburgh, April 27, 2020.

As more is learned about COVID-19, the Centers for Disease Control and Prevention (CDC) has added to the list of symptoms associated with COVID-19. The CDC indicates that symptoms may appear 2-14 days after exposure and may be mild to severe.

Symptoms include:
• Fever
• Cough
• Shortness of breath or difficulty breathing
• Chills
• Repeated shaking with chills
• Muscle pain
• Headache
• Sore throat
• New loss of taste or smell

According to Erin Streiff, Clinton County Health Department’s Director of Health Care Services, “These symptoms may indicate COVID-19, especially if they are new to you and not likely to be due to another cause such as seasonal allergies.” She emphasized, “If you experience these or other symptoms of illness, self-isolate and contact your health care provider.” Seek medical attention immediately if you or a member of your household experiences:
• Trouble breathing
• Persistent pain or pressure in the chest
• New confusion or inability to arouse
• Bluish lips or face

Ms. Streiff also reported that the four new positive cases of COVID-19 identified over the weekend in Clinton County required very little contact tracing. She said “Each of these individuals had been practicing social distancing and were already complying with voluntary isolation. Each of them had extremely limited contact with others prior to their diagnosis, which meant they did not expose others, and fewer people needed to be subsequently quarantined. They did their part to reduce the potential for spreading COVID-19 in our community.”

-more-
CCHD also reported the following case numbers for Monday, April 27, 2020.

<table>
<thead>
<tr>
<th>Clinton County COVID-19 Case Update 4/27/20</th>
<th>Total</th>
<th>Recovered</th>
<th>Deaths</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lab-confirmed positive</td>
<td>63</td>
<td>44</td>
<td>3</td>
</tr>
<tr>
<td>Probable*</td>
<td>3</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>Suspect**</td>
<td>41</td>
<td>38</td>
<td>0</td>
</tr>
<tr>
<td>Active Cases</td>
<td>19</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tested</td>
<td>640</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Probable = Individuals tested for COVID-19 with inconclusive test results.
**Suspect = Individuals suspected of having COVID-19 based on clinical assessment (by a medical provider).

About the Clinton County Health Department:

The Health Department is an accredited full service department serving the residents of Clinton County. The Health Department’s Mission is to improve and protect the health, well-being and environment of the people of Clinton County. Visit our website at www.clintonhealth.org or connect with us on Facebook (@clintonhealth), Twitter (@ClintonCountyHD), and Instagram (clintoncountyhealth).

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