

# Clinton County Health Department

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**Public Health**  
Prevent. Promote. Protect.

*"Working Together for a Healthier Community"*

Health Information Line: (518) 565-4490 Web: [www.clintonhealth.org](http://www.clintonhealth.org)

**Administration Unit**

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## Clinton County Health Department Press Release "Influenza A H1N1 Update -#2" April 30, 2009

The Clinton County Health Department continues to monitor the H1N1 influenza A developments locally via strong communication with many members of the local public health system. Currently in Clinton County, written plans previously developed in the event of a possible flu pandemic, are being reviewed and critical infrastructure established/enhanced in the community. Locally, the H1N1 situation appears as follows:

### **H1N1 Pending Test Results**

There are currently **NO CONFIRMED** cases of H1N1 in Clinton County. There are however 3 tests pending. Results may take several days due to strict Centers for Disease Control criteria for test completion and the limited number of approved labs that can perform the test.

### **Communication and Surveillance**

Local providers have been provided with information reiterating and clarifying the rapidly evolving information on laboratory testing of individuals that meet the strict clinical criteria for testing. Daily surveillance of schools is in place and close contact with school authorities is ongoing.

### **Day Care/Child Care Center**

In light of the recent H1N1 flu outbreak, the Child Care Coordinating Council of the North Country and our Adirondack Network of Family Resource Centers including Family Connections Resource Center in Plattsburgh, Family Matters in Tupper Lake, and Families 'R' Us in Malone will be strictly enforcing the standard health policy for all of their agency programming. Agency staff issued this statement: "If you or your child is experiencing any symptoms of illness including fever, rash, vomiting or diarrhea, headaches, extreme tiredness, runny nose, or sore throat, please stay home. If you or your child attend programs at the center and exhibit any of these symptoms, to protect the health and well being of other program participants, you and your child will be asked to go home. We appreciate your compliance and understanding of the potential seriousness of this issue." **Note this covers all illnesses not just influenza symptoms.**

### Emergency Services

No status change.

### Local School Districts

No status change.

### Large Group/Congregation Limitations

No restrictions at this time. Non-essential travel to Mexico is not recommended per CDC.

### Hospital and Nursing Homes

No status change.

The Clinton County Health Department once again reminds everyone to take the following measures to stay healthy and prevent the spread of illness.

- Wash hands often with soap and warm water.
- Use alcohol-based cleaners when soap and water is unavailable.
- Stay home from work or school if you are sick.
- Use tissues when you cough, sneeze, or spit and dispose of the tissue in a covered trash bin. Wash hands or use alcohol cleanser immediately after handling tissues.
- Cough or sneeze into your sleeve.
- Keep hands away from your face. Avoid touching eyes, nose, or mouth.
- Clean surfaces in shared space such as phone receivers, keyboards, and office equipment.
- Do not share personal items such as forks, spoons, toothbrushes, and towels.
- If you are sick do not visit infants, the elderly, or those with serious medical conditions.
- Try to keep six feet of space between you and other individuals who are coughing or sneezing.

**It is not possible to contract H1N1 (swine flu) from eating pork or pork products.**

For more information about H1N1 and additional precautionary measures and daily updates go to:

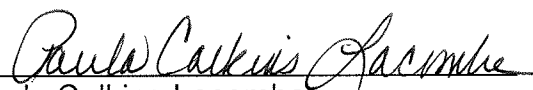
Clinton County Health Dept. website: [www.clintonhealth.org](http://www.clintonhealth.org)

New York State website: [www.nyhealth.gov](http://www.nyhealth.gov)

Center for Disease Control website: [www.cdc.gov/swineflu/](http://www.cdc.gov/swineflu/)

Recorded messages about swine are available by calling the Clinton County Health Info Line at 518-565-4490 and choose option 2. The toll free 24/7 NYS public call center is 1-800-808-1987 and connects to a live person.

Endorsed by:



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