



Clinton County Health Department

Paula Calkins Lacombe, Director of Public Health
133 Margaret Street, Suite 117, Plattsburgh, New York 12901-2968



Public Health
Prevent. Promote. Protect.

“Working Together for a Healthier Community”

Health Information Line: (518) 565-4490 Web: www.clintonhealth.org

Nutrition Services Unit

Coordinator: Jerie Reid

Phone: (518) 565-4830

Fax: (518) 565-4502

Clinton County Health Department Press Release Eat Well Play Hard Program-Mini Grants August 12, 2009

The Clinton County Health Department's Eat Well Play Hard Program announces the award of mini grants to five different agencies in Clinton County. The grants, totaling approximately \$10,000.00, were awarded to: Peru School District, Beekmantown School District, Plattsburgh Housing Authority's Ted K. Center, Mooers Elementary, and the Town of Plattsburgh Recreation Department.

The Eat Well Play Hard Program is a collaboration of community agency representatives who meet regularly to plan ways to integrate nutrition and physical activity opportunities for local children. All member organizations could choose to apply for this year's funding, which focused on enhancing nutrition in children. These grants will enable partners to create a healthier environment for our children by making sustainable changes in the snacks and foods served at schools and afterschool programs. Some of this year's grants included development of a mobile nutritious smoothie bar; adding vegetarian and low-fat, homemade soups to the cafeteria options; eliminating soda and unhealthy items; and purchasing a vending machine filled with healthy options.

The Town of Plattsburgh Recreation Department also will be awarded funds that will help with the construction of a disc golf course to be located at the Cadyville Recreation Park. This will expand options for non-traditional physical activity for area residents.

For more information please contact the Health Department at 565-4840 or visit the website at www.clintonhealth.org.

Endorsed By: _____

Paula Calkins Lacombe
Director of Public Health