Clinton County COVID-19 Case Update

Plattsburgh, December 21, 2020. The Clinton County Health Department (CCHD) has received notification of a COVID-19 related death of a Clinton County resident. This death brings the total number of COVID-19 related deaths in Clinton County to six. CCHD reports 118 active cases of COVID-19 in Clinton County.

“Our deepest sympathies go out to all loved ones impacted by this death,” said John Kanoza, Director of Public Health in Clinton County. “Each time we receive a report of a COVID-related death, it is a stark and painful reminder of just how destructive this virus can be, not only to the individuals that pass away, but to all of those connected to them.”

“With the holiday season upon us, we continue to urge residents to take necessary preventive steps to protect themselves, their loved ones, and our community—especially those community members that are most vulnerable. Your individual actions matter,” stated Mr. Kanoza.

Residents are encouraged to:
- Wear a mask that goes over your nose AND mouth.
- Watch your distance (keep 6 feet between yourself and others).
- Avoid crowds and gatherings.
- Wash your hands often with soap and water. Use hand sanitizer with 60% alcohol if soap and water are not available.
- Stay home if you are sick.
- Reduce contact with people that don’t live in your household as much as possible.

“We must remain vigilant. We have seen that spread of COVID-19 is largely occurring between friends and family members. For the most part, residents are taking appropriate precautions when they are out in public, such as wearing masks and physically distancing, but then they’re getting together with friends and family members who don’t live in their home, and not taking precautions during these interactions,” noted Mr. Kanoza. Individuals can begin to spread COVID to others 48 hours before they experience symptoms, and some people spread COVID to others without ever showing symptoms themselves.

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About the Clinton County Health Department:

The Health Department is an accredited full service department serving the residents of Clinton County. The Health Department’s Mission is to improve and protect the health, well-being and environment of the people of Clinton County. Visit our website at [www.clintonhealth.org](http://www.clintonhealth.org) or connect with us on Facebook (@clintonhealth), Twitter (@ClintonCountyHD), and Instagram (clintoncountyhealth).

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