

# 101 WAYS

to a

## HEALTHY COMMUNITY

& I'm One!



**Join us as we tour across Clinton County this July!**

July 17	10 am - 12 pm	Northern Adirondack CSD	Ellenburg Depot
July 19	10 am - 12 pm	Recreation Park	West Chazy
July 20	10 am - 12 pm	LaFontaine Park (Breen Ln)	Dannemora
July 23	10 am - 12 pm	Feinberg Park	Altona
July 25	4 pm - 5:30 pm	Recreation Park	Cadyville
July 26	10 am - 12 pm	Liberty Street Tennis Courts	Keeseville
July 26	2 pm - 4 pm	Heyworth Mason Park	Peru
July 27	10 am - 2 pm	Plattsburgh Housing Authority	Plattsburgh

Please join us at our free events as we celebrate all the ways residents make Clinton County healthier. Navigate through a life-sized maze, testing your health know-how at every turn. And sign up to take the Better Choice Pledge.

**We challenge you to take the Better Choice Pledge!**

Giveaways for the first 25 attendees to take the pledge.



Hosted by Clinton County Health Department  
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