

Family Bounce Night

Free

April 24th, 2009

6-8pm at

City of Plattsburgh
Recreation Gym

This **FREE** program is for all residents of Clinton County with children up to 13 years old. The night will be filled with fun interactive games, bounce houses, an inflatable obstacle course, healthy snacks, giveaways, informational booths, and **MUCH MORE!!**

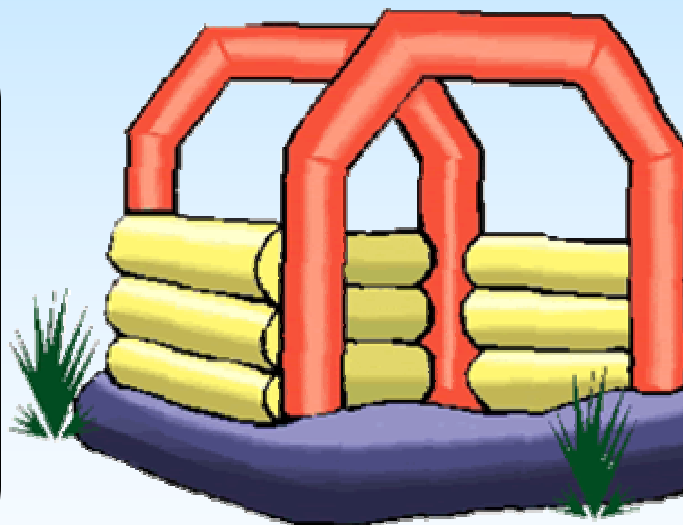


This program is part of
National Turnoff Week
April 20th – 26th.



Why Turn Off?

Screen Time cuts into family time and is a leading cause of obesity in both adults and children. Excessive use of screens for recreational purposes leads to a more sedentary and solitary lifestyle and that is unhealthy for all of us, both mentally and physically.



For Information Please Call
Town of Plattsburgh
562-6860

Donations From:



Volunteers From:

