

## Farmer's Market Nutrition Program 2009

The Health Department's WIC Program will again be distributing coupons to eligible WIC families to use at local Farmer's Markets.

The program was developed to encourage communities to buy local produce, and to introduce families to the assortment of nourishing fruits and vegetables available at the markets. Eligible families will receive coupons worth \$24.00 at their regular WIC appointments, and can use these coupons for NYS produce at the following markets:

- Plattsburgh Farmer's Market Wed/Sat 9:00 am to 2:00 pm
- Chateaugay Market Saturdays 10:00 am – 2:00 pm
- Saranac Saturdays 10:00 am – 2:00 pm July 11<sup>th</sup> to Sept. 12<sup>th</sup>

In addition, program staff will be available at the Saturday Plattsburgh market to demonstrate healthy produce options available locally, and to answer any questions regarding voucher redemption or other referral needs.

Look for the friendly staff at your next trip to the market.



For further information call (518) 565-4830.

<http://www.clintonhealth.org>