LOCAL SNAPSHOTS: PNEUMOCOCCAL DISEASE

The incidence of confirmed cases of Invasive Pneumococcal (Streptococcus pneumoniae) Disease has increased 180% since 2016 in Clinton County (Figure 1). All confirmed cases have been susceptible to antibiotics (i.e., penicillin).

Following routine use of pneumococcal vaccines (PCV7 and PCV13) in children, the U.S. saw a significant drop in rates of Invasive Pneumococcal Disease caused by serotypes included in the vaccines administered. Healthcare providers are key to maximizing vaccination rates in patients.

For additional guidance on pneumococcal vaccine recommendations, including pneumococcal conjugate vaccine (PCV13 or Prevnar 13®) and pneumococcal polysaccharide vaccine (PPSV23 or Pneumovax23®), visit https://bit.ly/2CUZPAQ.

Figure 1. Confirmed cases of Invasive Pneumococcal (Streptococcus pneumoniae) Disease in Clinton County, 2016-2018

<table>
<thead>
<tr>
<th>Year</th>
<th>Cases</th>
</tr>
</thead>
<tbody>
<tr>
<td>2016</td>
<td>5</td>
</tr>
<tr>
<td>2017</td>
<td>12</td>
</tr>
<tr>
<td>2018</td>
<td>14</td>
</tr>
</tbody>
</table>

PATIENT RESOURCE: ASTHMA MANAGEMENT

The winter months may be difficult for some patients with asthma to navigate, as cold, dry air and circulating upper respiratory infections can trigger or worsen asthma attacks. Patients struggling with asthma care and management may benefit from a visit with CCHD’s Healthy Neighborhoods Program (HNP).

HNP is a grant-funded program designed to help improve the personal health, safety and environmental living conditions of residents in Clinton County. Program staff provide in-home assessments and offer interventions to reduce residential health and safety hazards, including those to minimize asthma triggers. Interventions include education, program referrals and safety products.

The program is free for all Clinton County residents. Referrals can be made via fax (518-565-4843) or phone (518-565-4870) from provider offices or schools, or patients can be encouraged to set up an appointment directly by calling 518-565-4870.

For more information, visit www.clintonhealth.org/healthyneighborhoods.

MEASLES ADVISORY

While no cases have occurred recently in Clinton County, over 100 confirmed cases of measles have occurred recently in other areas of NYS, including Rockland County and NYC. Health care providers should remain vigilant for persons presenting with rash and fever, particularly among people who reside in or have spent time in areas experiencing measles outbreaks, have recently traveled internationally, or who were exposed to a person with febrile rash illness.

Suspected or confirmed cases of measles should be reported by phone immediately to CCHD at 518-565-4848 (Monday-Friday, 8:00am-5:00pm). After hours, calls should be directed to 518-565-3270. For more information, visit https://bit.ly/2AAAvdu.
SPECIAL POPULATIONS HIGHLIGHT

Migrant farm workers often experience limited access to health care and may have even experienced low access to or low quality care in their native countries. To help assure these seasonal members of our community have basic protection from common vaccine preventable diseases, CCHD began offering vaccines to migrant workers in 2016 (Table 1).

All vaccines are obtained from the NYSDOH’s Vaccines for Adults program and are provided free of charge to the workers. CCHD nurses coordinate clinics on site to ease participation. CCHD intends to continue to offer this service to all local migrant labor camps.

| Table 1. Vaccines Administered to Migrant Farm Workers in Clinton County by CCHD, 2016-2018 |
|-----------------------------------------------|-------------|-------------|-------------|
|                                              | 2016 | 2017 | 2018 |
| Hepatitis A                                  | -    | -    | 40    |
| Influenza                                    | -    | 135  | 142  |
| Tdap                                         | -    | 127  | 32   |
| Varicella                                    | 25   | -    | 10   |

LOCAL PRACTICES RECEIVE NYSDOH BREASTFEEDING FRIENDLY DESIGNATION

Congratulations to Lake Champlain OB/Gyn’s Plattsburgh and Malone offices on achieving NYS’s Breastfeeding Friendly Practice Designation (https://on.ny.gov/2TANmYx)!

This designation shows their dedication to improving maternity and newborn care in support of breastfeeding. Contact us if you are interested in becoming a Breastfeeding Friendly Practice at 518-565-4993.

NEW

STABILIZATION & REHABILITATION CENTER

Champlain Valley Family Center (CVFC) recently opened an 18-bed Residential Stabilization (detox) and Rehabilitation Center. The new Recovery Campus, located in Schuyler Falls, NY, is licensed by the NYS Office of Alcoholism & Substance Abuse Services. This facility serves men and women over 18 years of age, with an individualized length of stay based on client diagnosis and need.

For more information about the new service and to make referrals, call 518-643-0148 and speak with Ron Garrow, Program Director or Jared Croy, Clinical Supervisor.

CHILDREN WITH SPECIAL HEALTH CARE NEEDS (CSHCN) PROGRAM

Children with Special Health Care Needs, a NYS-funded Public Health Program offered by CCHD, is designed to improve the system of care for children with special health care needs and their families. A registered nurse provides short-term case management to help families acquire community resources and referrals based on their individual needs. The nurse also offers support, guidance, education and teaching about the child’s illness or disability. Any child from birth to age 21 years living in Clinton County who has, or is suspected of having, a physical, developmental, behavioral or emotional problem is eligible.

Concerns prompting referrals in Clinton County in 2018 have most commonly involved neonatal abstinence syndrome, prematurity, failure to thrive or birth anomalies requiring surgery. Program staff have helped families to establish health insurance; provided growth and developmental assessments; completed weight checks after hospital discharge; coordinated Early Intervention referrals; and, offered education and teaching related to a child’s medical diagnoses.

To make a referral to this or other family or child programs at CCHD, call Health Care Services at 518-565-4848 or visit www.clintonhealth.org/specialneeds.

EWIC IS HERE!

The Clinton County WIC Program transitioned from paper checks to eWIC in Fall 2018. eWIC is an electronic benefit transfer (EBT) card that participants use to redeem WIC benefits. WIC participants also have the option of downloading a mobile app, WIC2GO. The app links to the participant’s eWIC card and allows them to track their benefits, search for acceptable foods, and see their upcoming WIC appointments.

Feedback from WIC participants in Clinton County has been positive, as many find eWIC easier to use than traditional WIC checks. It is more convenient, discreet, and takes less time at the grocery store than the paper checks.

For more information and to see if they qualify for WIC, patients can call 518-565-4830 or visit www.clintonhealth.org/wic.