Call your Pediatrician’s Office first!
Telehealth lactation visits are available for all agencies listed.

Who To Call For Help

UVHN at CVPH Alice T. Miner Center for Women and Children
www.cvph.org
518-562-7730

Lactation Clinic & Breastfeeding Classes
518-562-7142 (days)

Newborn Nursery
518-562-7770

Healthy Families of the North Country
Clinton and Franklin Counties
www.bhsn.org
518-563-8000 x2184

Clinton County Health Department
www.clintonhealth.org
Public Health Nurses
518-565-4848
Women Infants and Children (WIC) Breastfeeding
518-565-4830

Nature’s Way Baby Café®
Meeting links posted on: https://bit.ly/3uP6SUE
518-562-7142

La Leche League of Plattsburgh
https://www.facebook.com/LLLPlattsburgh/
Susan: 518-593-8752
Melissa: 518-570-1446
Mary Cate: 518-534-8815

Trusted Websites

Stanford School of Medicine
Getting Started with Breastfeeding
http://newborns.stanford.edu/Breastfeeding

NYS WIC Breastfeeding Program
www.breastfeedingpartners.org

Breast Pump Videos
www.clintonhealth.org

Medications and Breastfeeding
Dr. Thomas Hale
www.MommyMeds.com

Kelly Mom Parenting and Breastfeeding Site
www.kellymom.com

LLL International
1-877-4-LA LECHE
www.lalecheleague.org

Baby Café USA®
www.babycafeusa.org

For breast pump information, contact your insurance company.