

# Clinton County Breastfeeding Resources

## Who To Call For Help

### **Your Pediatrician's Office**

**UVMHN at CVPH**  
**Alice T. Miner Center for**  
**Women and Children**

**Lactation Clinic &**  
**Breastfeeding Classes**  
**518-562-7142 (days)**

**Newborn Nursery**  
**518-562-7770**

**Healthy Families of the**  
**North Country**  
**Clinton and Franklin Counties**  
**518-563-8206 x150**

**Clinton County Health**  
**Department**  
**518-565-4848**

**Nature's Way Baby Café®**  
**63 Broad Street, Plattsburgh, NY**  
**518-562-7142**

**La Leche League of Plattsburgh**



**[lllplattsburgh.wix.com/  
lllplattsburgh](http://lllplattsburgh.wix.com/lllplattsburgh)**

**[Facebook.com/lllPlattsburgh](https://www.facebook.com/lllPlattsburgh)**



**Women Infants and Children**  
**(WIC) Breastfeeding**  
**Coordinators and Peer Counselors**  
(for WIC participants)

**Clinton County** 518-565-4830

**Essex County** 518-873-3560

**Franklin County** 518-483-4262

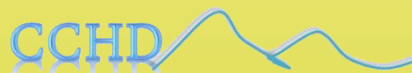
### **Public Health Nurses**

**Clinton County** 518-565-4848

**Essex County** 518-873-3500

**Saranac Lake &**  
**Tupper Lake** 518-891-4471

**Franklin County** 518-481-1709



Clinton County HEALTH Department [www.ClintonHealth.org](http://www.ClintonHealth.org)



Public Health

## Trusted Websites

**Stanford School of Medicine**  
*Getting Started with Breastfeeding*  
[http://newborns.stanford.edu/  
Breastfeeding](http://newborns.stanford.edu/Breastfeeding)

**International Breastfeeding Center**  
[www.nbci.ca](http://www.nbci.ca)

**NYS WIC Breastfeeding Program**  
[www.breastfeedingpartners.org](http://www.breastfeedingpartners.org)

**Drugs and Breastfeeding**  
Dr. Thomas Hale  
[www.MommyMeds.com](http://www.MommyMeds.com)

**Kelly Mom Parenting and**  
**Breastfeeding Site**  
[www.kellymom.com](http://www.kellymom.com)

**For Breast Pump information**  
[www.ameda.com](http://www.ameda.com)  
[www.medela.com](http://www.medela.com)

**LLL International**  
**1-877- 4-LA LECHE**  
[www.lalecheleague.org](http://www.lalecheleague.org)

**Baby Café USA®**  
[www.babycafeusa.org](http://www.babycafeusa.org)