**Clinton County Breastfeeding Resources**

### Who To Call For Help

**Your Pediatrician’s Office**

UVMHN at CVPH
Alice T. Miner Center for Women and Children

Lactation Clinic & Breastfeeding Classes
518-562-7142 (days)

Newborn Nursery
518-562-7770

**Healthy Families of the North Country**
Clinton and Franklin Counties
518-563-8206 x150

**Clinton County Health Department**
518-565-4848

**Nature’s Way Baby Café®**
63 Broad Street, Plattsburgh, NY
518-562-7142

La Leche League of Plattsburgh
lliplattsburgh.wix.com/
lliplattsburgh
Facebook.com/lliplattsburgh

### Trusted Websites

**Stanford School of Medicine**
Getting Started with Breastfeeding
http://newborns.stanford.edu/Breastfeeding

**International Breastfeeding Center**
www.nbci.ca

**NYS WIC Breastfeeding Program**
www.breastfeedingpartners.org

**Drugs and Breastfeeding**
Dr. Thomas Hale
www.MommyMeds.com

**Kelly Mom Parenting and Breastfeeding Site**
www.kellymom.com

**For Breast Pump information**
www.ameda.com
www.medela.com

**LLL International**
1-877-4-LA LECHE
www.lalecheleague.org

**Baby Café USA®**
www.babycafeusa.org

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<th>Women Infants and Children (WIC) Breastfeeding Coordinators and Peer Counselors (for WIC participants)</th>
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<td><strong>Clinton County</strong></td>
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<td><strong>Essex County</strong></td>
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<td><strong>Franklin County</strong></td>
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**Public Health Nurses**

| Clinton County | 518-565-4848 |
| Essex County | 518-873-3500 |
| Saranac Lake & Tupper Lake | 518-891-4471 |
| Franklin County | 518-481-1709 |