As part of the CHA process, CCHD asked county residents for their opinions on and experiences with health, social and environmental issues in the community. They were also asked to identify any barriers to medical care experienced by themselves or their family in the past year. Here is a sample of what residents reported.

**Health in Clinton County, According to Residents**

Almost 40% of respondents indicated stream, river, or lake quality was an environmental concern.

91% of respondents experienced 1 or more health challenges for themselves or family in the past year.

35% reported being overweight or obese.

1 in 3 live with chronic disease.

35% reported issues related to aging.

More than 1 in 3 indicated mental health was a challenge.

115 respondents reported having poor or extremely poor physical health.

75% of respondents experienced 1 or more social challenges for themselves or family in the past year.

Top ranked challenges:
- Lack of a livable wage
- Opportunities for physical activity
- Affordable housing
- Street safety

Aging infrastructure was the top environmental concern with more than 3 in 5 residents surveyed selecting it.

2 in 3 faced at least 1 barrier to receiving medical care in the past year.

42% of individuals surveyed agree or strongly agree that they live in a healthy community.

Respondent Characteristics

Surveys were collected from 1,080 Clinton County residents. Respondents represented all:

- Clinton County municipalities
- Age groups 17-80+
- Census education categories
- Census income categories
In July 2022, CCHD and CVPH invited over 220 Clinton County stakeholders to participate in a Community Health Priority Setting Session. For the first time ever, invitees were also offered a virtual participation option. Attendees familiarized themselves with current activities, progress and challenges. Before leaving, each attendee voted for the areas they believed were most important for us to address as a community over the next three years.

18 community sectors participated in the event.

74 community stakeholders voted.

46% of voters were first time participants.

After reviewing many health indicators, local progress and stakeholder input, Clinton County’s health priorities were finalized. Nearly two-thirds of all votes went to the same two priority areas selected in 2019; community partners will continue to work together to Prevent Chronic Diseases and Promote Well-Being and Prevent Mental and Substance Use Disorders.

While the priority areas did not change, the interventions and activities in the CHIP build off progress made over the last CHA cycle. CHIP activities target 5 common disparities influencing health in Clinton County: income, age, geographic location, ability, identity/orientation. The following is a sample of activities residents can expect to see in the years ahead.

Residents
- Use programs that aim to improve health (such as stress reduction, exercise and disease management).
- Complete community health surveys to share your experiences and opinions.
- Follow CCHD on social media to stay aware of progress to improve community health.
- Participate in local health priority setting and planning activities.

Healthcare Professionals
- Align organizational goals with the local CHIP.
- Share health data to support decision making and planning efforts.
- Refer patients to resources within the community that help them practice healthy behaviors.
- Participate in local health priority setting and planning events.

Community Leaders
- Advocate for changes that support the local health improvement plan.
- Support public-private collaborations to maximize resources for health improvement.
- Back policies and legislation that eliminate disparities in health and wellness.
- Participate in health priority setting and planning activities.

Clinton County does not discriminate on the basis of race, color, national origin, gender, sexual orientation, religion, age, or disability in employment or the provision of services.