**Clinton County Medical Reserve Corps (CCMRC)**

**Who can volunteer?**

Anyone! You do not have to have a medical or healthcare background to be a MRC volunteer.

We are also always looking for practicing or retired licensed, registered or certified healthcare workers, such as:

- CNAs
- EMTs
- Nurses
- Nurses
- Healthcare students
- Physicians
- NPs/ PAs/ CNMs
- Dentists
- Pharmacists
- Counselors
- Therapists
- Veterinarians

**Why should I volunteer?**

By volunteering you can:

- Directly impact the health of our community,
- Connect with other volunteers, and
- Keep skills current after retirement.

**What do CCMRC volunteers do?**

CCMRC volunteers help local emergency and public health workers in a variety of settings, including:

- Large health emergencies,
- Public outreach activities,
- Health Department Drills and Trainings,
- Vaccine clinics.

Interested volunteers may also assist with the operation and deployment of other volunteers.

**How much time do I have to spend volunteering?**

To be a CCMRC volunteer you must complete an initial core training. Trainings are offered both in person and online and include *Incident Command Systems (ICS)*, *HIPPA*, and *Psychological First Aid*.

As a volunteer you also have the option to receive additional trainings throughout the year, including: CPR, Personal Preparedness, and advanced ICS courses.

Volunteers can choose to be a part of community outreach and education efforts, emergency response, or both depending on their interest.

**Join our team today!**

To become a volunteer:

1) Register online at [www.clintonhealth.org](http://www.clintonhealth.org).

Look for the MRC star above the Quick Links.

For Questions and/or help Call (518) 565-4840