Vision:
Clinton County...
Healthy People in a Healthy Community

Mission:
Our mission is to improve and protect the health, well-being, and environment of the people of Clinton County.

The 10 Essential Public Health Services describe the public health activities that all communities should undertake. These are:

1. Monitor health status to identify and solve community health problems.
2. Diagnose and investigate health problems and health hazards in the community.
3. Inform, educate, and empower people about health issues.
4. Mobilize community partnerships and action to identify and solve health problems.
5. Develop policies and plans that support individual and community health efforts.
6. Enforce laws and regulations that protect health and ensure safety.
7. Link people to needed personal health services and assure the provision of health care when otherwise unavailable.
8. Assure competent public and personal health care workforce.
9. Evaluate effectiveness, accessibility, and quality of personal and population-based health services.
10. Research for new insights and innovative solutions to health problems.
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About this guide...

The Clinton County Health Department (CCHD) has served residents of Clinton County for over 60 years. The department provides population-based health services to help assure clean water, immunizations, communicable and disease management services, and preventive health education.

Partners in population health are primary care providers, who oversee the individual care of their patients’ health. This guide is your quick reference to services of the Health Department you may need to access for your patients. It does not include all programs administered by the Health Department, but highlights those most frequently requested by patients and providers.

The guide is also available on the Clinton County Health Department website at http://www.clintonhealth.org and is updated as needed. Thank you for your part in maintaining our community’s health.

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**Fluoridated Water Systems**

Continued from page 30.

**Fluoridated Water Systems in Clinton County:**

- City of Plattsburgh Water District (WD)
- Greater Plattsburgh Area Water District, including:
  - Bluff Point Water District
  - Cliff Haven Water District
  - Macey Lane Water District
  - PARC Water District
  - South East Beekmantown Water District
- Cadyville Water District (including Woods Mills Water District)

**Legal:**

- NYS DOH oversees the delivery of fluoride into water systems to ensure suitability of drinking water.
Fluoridated Water Systems

Public water systems provide fluoride in drinking water throughout areas of Clinton County. The map below shows areas where water is fluoridated.

Animal Bites/ Rabies Prevention

Program Description:
- Investigates animal bites and other potential rabies exposures (scratch, contact with saliva, mucus membranes or neurological tissue).
- Investigates bat exposures, including: physical contact with a bat; bat found in room with sleeping person, unattended child, intoxicated or mentally compromised person.
- Recommends treatment for potential rabies exposures.
- Provides rabies post-exposure prophylaxis (must be authorized by Clinton County Health Department). First dose of vaccine and HRIG must be administered at University of Vermont Health Network-Champlain Valley Physicians Hospital (UVMHN-CVPH).
- Investigates domestic and wild animals suspected of having rabies.

Eligibility:
- Clinton County residents
- Non-residents exposed to a potentially rabid animal in Clinton County.

Contact:
Environmental Health & Safety Duty Officer
Monday through Friday, 8am-5pm
Phone: (518) 565-4870
After Hours Line: (518) 565-3270
Fax: (518) 565-4843
Address: 135 Margaret St., Plattsburgh, NY 12901

• Call or visit the CCHD EHS Division. Do NOT mail time-sensitive documents regarding animal bites/ rabies prevention to the CCHD.

Cost:
- There is no charge for the services.
- CCHD-approved, rabies post-exposure prophylaxis will be funded by CCHD for those without health insurance to cover the cost.

Legal:
- All animal bites and other potential rabies exposures to humans must be reported to the CCHD within 24 hours.
- Any wild or domestic animal suspected of having rabies must be reported to the CCHD.
**Program Description:**
- Provides regulation to public water systems including: community, non-community, and non-transient non-community water systems which provide water to 25 or more community members. Private wells are not regulated by CCHD.
- Provides education to private well owners regarding well care, concerns, sample collection and water quality.

**Eligibility:**
- Clinton County residents.

**Cost:**
- There is no charge for the services.

**Contact:**
Environmental Health & Safety Duty Officer  
Phone: (518) 565-4840
- Additional information is available on the CCHD’s website at [http://www.clintonhealth.org](http://www.clintonhealth.org).

**Legal:**
- Grant-funded through NYSDOH Drinking Water Enhancement Grant.

**Note:** New York State ELAP Certified Laboratory should be used when conducting water quality sampling.

**Local Labs:**
Endyne Inc.  
315 New York Road  
Plattsburgh, NY 12903  
Phone: (518) 563-1720

Life Science Laboratories - North  
131 St. Lawrence Avenue  
Waddington, NY 13694  
Phone: (315) 388-4476
1. RPEP: For persons never vaccinated for rabies, treatment includes (1) human rabies immune globulin (HRIG), 20 IU/kg body weight, infiltrated into and around the wound(s) AND (2) 4 doses of vaccine administered IM in the deltoid (or anterolateral thigh for small children) on days 0, 3, 7 and 14. Immunocompromised persons should receive a 5th dose of vaccine on day 28. Never give rabies vaccine in the gluteal area. If unable to infiltrate the full dose of HRIG into the wound, the remainder should be given IM at a site distant from the vaccine site. For person previously vaccinated, treatment includes only 2 doses of vaccine on days 0 and 3 (no HRIG).

2. Wild animals with the highest rabies incidence include raccoons, bats, skunks and foxes. For small rodents and rabbits, see footnote 6.

3. Domesticated animals: dogs, cats, ferrets, horses, donkeys, mules, cattle, sheep, goats and pigs.

4. This includes situations where a bat is found in the same room as a sleeping person, unattended child, intoxicated or mentally compromised person.

5. Open wound/mucous membrane exposure: introduction of saliva or other potentially infectious material (cerebrospinal fluid, spinal cord or brain tissue) from a rabid or potentially rabid animal into an open wound or mucous membrane (eyes, nose, mouth).

6. For bite exposures from outdoor-caged rodents or rabbits, or for other unusual circumstances, contact the county health department.

7. If an animal specimen is submitted but found to be untestable, it should be assumed to be positive for rabies treatment decision making purposes.
Supermarket Smarts Grocery Store Tours

Program Description:
• Guided group tours led by a Public Health Nutritionist/Registered Dietitian or Public Health Nutrition Educator.
• Provides an overview of healthy eating based on the USDA’s Dietary Guidelines for Americans.
• Discusses best choices (fruits and vegetables, whole grains, healthy fats, lean proteins, low fat dairy) and how nutrition relates to better health.
• Teaches label reading and how to use store nutritional rating systems and package claims to make sound choices.
• Offers tools to make selecting healthier options easier but does not offer individualized meal plans.

Eligibility:
• Clinton County residents.

Cost:
• There is no charge for the service.

Contact: Health Planning and Promotion
        Phone: (518) 565-4993
        Fax: (518) 565-4472
• Referrals from physicians’ offices accepted, not required.

Legal:
• None
Healthy Neighborhoods Program

Program Description:
- Provides home visits to assess fire safety, lead risk, indoor air quality, asthma, and injury prevention.
- Provides free home safety products, depending upon the needs of the household. Items may include: fire extinguishers, carbon monoxide and smoke detectors, first aid kits, flashlights, asthma safety materials, and child safety products.
- Provides education to residents regarding fire and burn safety, carbon monoxide poisoning prevention, lead poisoning prevention, asthma, injury prevention, as well as many other health and safety topics.
- Provides referrals to other available community resources.

Eligibility:
- All Clinton County residents (no income guidelines).

Cost:
- There is no charge for the services.

Contact:  
Environmental Health & Safety  
Phone: (518) 565-4870  
Fax: (518) 565-4461  
Additional information available on the CCHD’s website at http://www.clintonhealth.org

Legal:
- Grant-funded through NYSDOH Healthy Neighborhoods Program.

Communicable Disease Program

Note: Reporting of suspected or confirmed communicable diseases is mandated under NYS law within 24 hours of diagnosis. However, some diseases warrant immediate reporting. See page 8 for a listing of reportable diseases and timeframe for reporting.

Program Description:
- Conducts surveillance to continuously collect, analyze and interpret health-related data within the community, state and country.
- Completes case investigations, including: case interview, source determinations and contact tracing, and post-exposure and preventative treatment.
- Transmits Health Alerts to providers by fax system.

Eligibility:
- Clinton County residents including college students (while attending college in Clinton County).

Contact:  
Health Care Services Intake  
Monday through Friday, 8am-5pm  
Phone: (518) 565-4848  
After Hours Line: (518) 565-3270  
Fax: (518) 565-4509  

Cost:
- There is no charge for the services.

Legal:
- New York State Sanitary Code (10NYCRR 2.10).
- Reporting of communicable diseases, as required by law, is permitted under the Health Insurance Portability and Accountability Act (HIPPA). Providers are not required to obtain patient consent before sending information or participating in an investigation.
Communicable Disease Reporting Requirements


Clinton County Health Department
Communicable Disease Intake Supervisor
133 Margaret Street, Plattsburgh, NY 12901
8a-5p (518) 565-4848* Fax (518) 565-4509

Immunization Program

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Legal:
- Updated School Immunizations Requirements, Public Health Law Section 2164, Rules and Regulations Subpart 66-1 (effective September 1, 2016).
- Title 10 New York Codes, Rules and Regulations.
- NYS Immunization Registry Law.
**Immunization Program**

**Program Description:**
- Offers day and evening clinics for all child and adult vaccines.
- Provides influenza vaccine at off-site clinics for homebound populations.
- Enters all vaccines for individuals under 19 years of age into the New York State Immunization Information System (NYSIIS).
- Offers NYSIIS entry to all consenting adults.
- Offers the CDC’s Vaccine for Children Program, for children who are uninsured or identify as American Indian or Alaskan Native.

**Eligibility:**
- Clinton County residents including college students (while attending college in Clinton County).

**Cost:**
- For adults, the CCHD will bill select insurances and accept cash and checks. For adults **without insurance**, please call for information on free or reduced fee vaccines.
- Cost for individual vaccines varies; please call or visit [http://www.clintonhealth.org](http://www.clintonhealth.org) for the most up-to-date prices.
- For children under age 19 **with health insurance**, they must receive their vaccines from their primary care provider or pay full price for vaccines.
- For children under age 19 **without health insurance**, the cost is $5.00 per vaccine.

**Note:** For extenuating circumstances, i.e. a child is unable to attend school due to delinquent vaccines, there is a disease outbreak, or significant financial need, please contact the program director to obtain adult or child vaccines at no cost.

**Contact:**
- Health Care Services
  - Monday through Friday, 8am-5pm
  - **Phone:** (518) 565-4848
  - **Fax:** (518) 565-4509

**Chest Clinic/ Tuberculosis Programs**

**Note:** A suspected or confirmed case of **active tuberculosis** warrants a high-priority notification to the CCHD.

**Program Description:**

**Active Tuberculosis (Tb)**
- Supervises the isolation of individuals with active communicable Tb until no longer meeting criteria for being communicable.
- Ensures treatment including medication through directly observed therapy (DOT).
- Works in conjunction with medical providers.
- Provides case management including resource management to prevent any breaks in treatment.
- Conducts contact tracing investigations and treats contacts as needed.

**Latent Tuberculosis Infection (LTBI)**
- Ensures treatment for latent Tb infection through clinic services including medication.
- Provides outreach to providers and targeted high-risk populations.
- Offers tuberculin skin testing (TST) to the public.

**Eligibility:**
- Clinton County residents including college students (while attending college in Clinton County).

**Contact:**
- Health Care Services Intake
  - Monday through Friday, 8am-5pm
  - **Phone:** (518) 565-4848
  - **After Hours Line:** (518-565-3270)
  - **Fax:** (518) 565-4509

**Cost:**
- Insurance billed when applicable.
- For those without health insurance, there is no cost.

**Legal:**
- NYS10NYCRR Part 43.
- PHL2201, 2202, 10NYCRR40-2.90 & 2.91.
**Sexually Transmitted Infections Program**

**Program Description:**
- The CCHD contracts with Planned Parenthood of the North Country New York, to provide testing for and treatment of sexually transmitted infections.
- For additional program questions, please call the CCHD Health Care Services Division at (518) 565-4848.

**Eligibility:**
- Clinton County residents including college students (while attending college in Clinton County).

**Contact:**
- Planned Parenthood of the North Country New York for appointments.
  - **Phone:** (518) 561-4430
  - **Fax:** (518) 536-9046
  - **Address:** 66 Brinkerhoff Street, Plattsburgh, NY 12901

**Cost:**
- Insurance billed when applicable.
- For those without health insurance, there is no cost.

**Legal:**
- Expedited Partner Treatment (EPT) available; diagnosis dependent.
- Mandated reporters are required to report STI positive patients aged 13 and younger to the NYS Mandated Reporter Hotline at (800) 635-1522.

**Lead (Pb) Program**

**Program Description:**
- Provides lead poisoning prevention education.
- Coordinates medical case management for children (aged 18 years and younger) identified with an elevated lead level (>5 ug/dL).
- Provides inspections of physical environment of child affected by lead (i.e., homes with lead-based paint) and information on remediation.
- Provides no cost capillary testing for children without a medical provider.

**Note:** 5ug/dL is currently the reference level at which the CDC recommends public health action be initiated.

**Eligibility:**
- Clinton County residents

**Contact:**
- Health Care Services Intake
  - Monday through Friday, 8am-5pm
  - **Phone:** (518) 565-4848
  - **Fax:** (518) 565-4509

**Cost:**
- There is no charge for the services.

**Legal:**
- New York State Public Health Law: Title 10 of Article 13
HIV Program

Program Description:
- Provides information regarding HIV testing recommendations.
- Offers monthly anonymous and confidential testing.
- Provides referrals for positive tests for case and medical management.
- Provides resource information for needle stick exposure post exposure prophylaxis (PEP) through the Clinical Education Initiative’s (CEI) hotline at (866) 637-2342.
- Offers free condoms.

Eligibility:
- Clinton County residents including college students (while attending college in Clinton County).

Contact: Health Care Services Intake
Monday through Friday, 8am-5pm
Phone: (518) 565-4848
After Hours Line: (518-565-3270)
Fax: (518) 565-4509

Cost:
- There is no charge for the services.

Legal:
- Court ordered testing.
Early Intervention Program (EIP)

Continued from page 20.

Cost:
- There is no parent cost for services.
- Health insurance may be billed to help pay for early intervention services, but there are no out-of-pocket payments or co-payments.

Legal:
- Parent must consent to participate in the Early Intervention Program.
- New York State Public Health Law: Article 25

*The New York School Supportive Health Services Program (NYSSHSP) is available for children ages 3-5 who have a disability that impacts their ability to learn.*
- Services are determined by the child’s local school district through the Committee on Preschool Special Education (CSPE).
- Eligible children may receive services at home, daycare, or an approved special education classroom.
- To request an evaluation, referrals must be made to the School District Chairperson at the numbers below.

Ausable Valley Central School (518) 834-2800
Beekmantown Central School (518) 563-0757
Chazy Central Rural School (518) 846-8885
Northeastern Clinton Central School (518) 298-4031
Northern Adirondack Central School (518) 594-3986
Peru Central School (518) 643-6322
Plattsburgh City School (518) 563-6262
Saranac Central School (518) 565-5646
Program Description:
- Voluntary program that provides therapeutic and support services to children, ages 0-3, with an eligible developmental delay.
- Service Coordinators assist families with the EIP process, including: the developmental evaluation and eligibility determination, service planning, and coordination of services and community resources.
- An Individualized Family Service Plan (IFSP) is developed for all eligible children.

Eligibility:
- Clinton County residents.
- Children must be under 3* and have, as determined by a multidisciplinary evaluation (MDE), a significant developmental delay in one or more of the following areas: physical, cognitive, communication, social-emotional, and/or adaptive.

Referral Process:
- EIP is a voluntary program; families may call the CCHD directly to make a referral for their child.
- Agencies and individuals may also complete an EIP referral form, available on the CCHD's website at http://www.clintonhealth.org. Upon receipt of a referral, EIP staff will contact the family regarding interest in the program.
- With parent permission, an official MDE will be scheduled to determine if the child meets state eligibility requirements.

Note: For children who may be at-risk of developing a delay, referrals may be made to the “at-risk” Developmental Monitoring Program. Check the appropriate box on the EIP referral form.

Contact: Early Intervention Program Monday through Friday, 8am-5pm Phone: (518) 565-4848 Fax: (518) 565-4509

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Emerging Threats to Public Health

Zika:
- Information about Zika virus and the actions required by the Public Health Community are continuously evolving. The Centers for Disease Control and Prevention routinely updates information on areas of active Zika transmission. This information can be found at http://www.cdc.gov/zika/geo.
- Providers and patients can also obtain up-to-date information about Zika virus by calling the NYSDOH Zika Information Line at 1-888-364-4723.
- Laboratory testing for Zika virus is available at NYSDOH's Wadsworth Laboratories as well as a few commercial labs. Please call the CCHD Health Care Services (HCS) Division at (518) 565-4848 to verify the current process to submit samples for Zika testing.

Other Emerging Threats:
- Questions about emerging disease threats or health concerns can be directed to the CCHD HCS Division at (518) 565-4848. The CCHD shares all relevant information via blast fax to health care providers.

Routine Communication:
- In an effort to keep providers up-to-date with relevant local public health information, the CCHD provides health care providers with a quarterly Public Health Connection Newsletter, which is sent to providers via email. Previous editions of the newsletter may also be viewed on the CCHD website at http://www.clintonhealth.org/newsletters.
- Through the Partner Nurse Program, a CCHD nurse visits health care provider offices five times annually, providing resources and information. For questions about this program or to request specific information please call the CCHD Health Planning & Promotion Division at (518) 565-4993.
- In addition, nursing staff of the Department’s Health Care Services Team routinely reach out to Provider Offices to gather specific information about communicable disease and other community health concerns.
Maternal Child Home Visiting Services

**Program Description:**
- Provides Registered Nurse (RN) who partners with the family to provide support during pregnancy and postpartum.
- Assesses mom, baby and environment.
- Provides education on a variety of topics, including:
  - Healthy pregnancy
  - Nutrition and fitness
  - Signs of labor
  - Infant care
  - Child development
  - Breastfeeding
- Provides referrals to community resources as needed.
- Offers breastfeeding support and counseling from certified lactation specialists.

**Eligibility:**
- Clinton County residents.
- Infants up to 6 weeks after hospital discharge.
- High-risk pregnant women: having medical conditions or at increased risk for medical conditions due to pregnancy (for example: diabetes, obesity, expecting multiples).

**Cost:**
- There is no charge for the services.

**Contact:**
Health Care Services Intake
Monday through Friday, 8am-5pm
**Phone:** (518) 565-4848
**Fax:** (518) 565-4509
- Self-referral or physician referral.

**Legal:**
- Covered under Licensed Home Care Services Agency.

**Note:** Includes both Improved Pregnancy Outcome and Newborn/Postpartum Programs.
**Program Description:**

- Nutrition education and supplemental food program.
- Provides participants with individually tailored food packages containing nutritious foods.
- Engages families in participant focused nutrition education and healthy lifestyle counseling.
- Offers breastfeeding support, counseling and resources (including a variety of pumps and aids) from certified lactation specialists.
- Provides healthcare and community referrals.

**Eligibility:**

- New York State residents meeting income eligibility requirements. NYS WIC Income Eligibility Guidelines may be viewed at [http://www.clintonhealth.org/pdf%20files/wicchart.pdf](http://www.clintonhealth.org/pdf%20files/wicchart.pdf).
- Infants and children up to age 5.
- Pregnant women, a mother of a baby receiving formula up to 6 months old or a breastfeeding mother of a baby up to 12 months old.

**Cost:**

- There is no charge for the services.

**Contact:**  
WIC Main Office  
Phone: (518) 565-4830  
Fax: (518) 565-4502

**Legal:**

- USDA oversight.

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**Child Home Visiting Services**

**Program Description:**

- Provides Registered Nurse (RN) for short-term case management.
- Provides RN for assessment of the child’s and family’s needs.
- Provides referrals to community resources.
- Offers breastfeeding support and counseling from certified lactation specialists.
- Offers bereavement services.

**Eligibility:**

- Clinton County residents.
- Families with children birth to 21 years of age with or suspected of having serious or chronic physical, developmental, behavioral or emotional conditions, such as: prematurity, asthma/respiratory distress, sepsis, or heart defect.

**Contact:**  
Health Care Services Intake  
Monday through Friday, 8am-5pm  
Phone: (518) 565-4848  
Fax: (518) 565-4509

- Additional information is available on the CCHD’s website at [http://www.clintonhealth.org](http://www.clintonhealth.org).

**Cost:**

- There is no charge for the services.

**Legal:**

- Covered under Licensed Home Care Services Agency.
- Some services are state funded under Children with Special Health Care Needs Program.

**Note:** Includes both Children with Special Health Care Needs and Family Service Programs. The CCHD will determine which program is most appropriate for client when referred.