Many new parents have found the Newborn Program to be very helpful.

“Program is extremely helpful!!”

“The nurse was very pleasant and kind. Thank you.”

“Very knowledgeable and informative.”

“Excellent Program.

If you would like to schedule a home visit with a nurse, please call the Clinton County Health Department at (518) 565-4848 Monday-Friday from 8am-4pm. Ask for the intake nurse.

We look forward to hearing from you!!

Clinton County does not discriminate on the basis of race, color, national origin, sex, sexual orientation, religion, age or disability in employment or the provision of services.

www.clintonhealth.org
A nurse will contact you by telephone to answer any questions you have about:

- Breastfeeding
- Formula Feeding
- Infant Growth
- Development
- Sleeping
- Family Planning
- Infant Care
- Safety Issues
- Immunizations
- Offer you a home visit if you feel you would like more support

Sometimes your baby’s doctor or hospital staff will request that the Health Department’s nurse call you if the baby had some special needs at birth. The nurse will work with your baby’s doctor to make sure your baby has the best care.

**CARE FOR MOMS TOO!!**

As a new mother, you may also need some help. The nurse can assist with:

- Physical Healing After Birth
- Breast Care
- Bonding With Baby
- Baby Blues
- Nutrition
- Dental Care
- Fitness

Becoming a parent can be one of the best times of your life as well as one of the most stressful.

After you arrive home with your new little one, you may begin to have questions about the general health and care of your infant.

The Clinton County Health Department (CCHD) will mail you an information packet or contact you by telephone call. This service has helped parents and their newborns get off to a great start!!