

The Clinton County Improved Pregnancy Outcome Program (IPO)

Pregnancy is an important time for mother and baby. Many changes occur with you, your baby, and your family during this time.

One of the most important things you can do for your baby when you are pregnant is to get early and regular prenatal care. An obstetrician, a nurse practitioner, or a certified nurse midwife may provide this care. Please contact your doctor as soon as you think you may be pregnant.

The IPO Program's goal is for you and your baby to have the best possible outcome! Nurses provide health education to expectant families to support the prenatal care received from the doctor. Nurses can assist you by answering questions about being pregnant, becoming a parent, and your medical care.

What is the IPO Program?

Nurses partnering with your doctor to offer help to expectant mothers with information on having a healthy pregnancy and accessing needed services.

The nurses working with the prenatal program will provide information about community services, parenting, normal pregnancy, dental care, nutrition, and healthy lifestyle choices.

What Services Are Available?

WIC referral

Nutrition information

Confidential HIV counseling and testing

Lead screening and TB (tuberculosis) testing

Immunizations

Pregnancy, birth and parenting information

Dental care and oral hygiene information

Smoking cessation support

Other resources for the pregnant woman and her family

Where and When are the Prenatal Services?

Clinton County Health Department
Division of Health Care Services
133 Margaret Street
Plattsburgh, NY 12901
Please call: (518) 565-4848
Monday – Friday 8 a.m. – 5 p.m.

In special circumstances, evening hours available upon request

Who is Eligible?

All county residents are eligible for this FREE program. This is a Public Health service which is flexible and can be tailored to meet your and your family's needs.

How do I Apply?

Refer yourself by calling (518) 565-4848

Your doctor or other provider may send a referral if needed

Other community agencies may send a referral if needed

Contact Us

To receive more information, call or visit us at:

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