

The Clinton County Medicaid Obstetrical Maternal Services Program (MOMS)

You, your baby and the rest of your family will experience many changes. Pregnancy is an important time for mother and baby. Many changes occur with both of you and in your family.

One of the most important things you can do for your baby when you are pregnant is to get early and regular prenatal care. An obstetrician, a nurse practitioner, or a certified nurse midwife may provide this care. Please contact your health care provider as soon as you think you may be pregnant.

The MOMS program provides health education to expectant families to support the prenatal care received from the obstetrician. Nurses help families acquire parenting skills and gather baby supplies. Home visits and group meetings are offered along with print materials and videos to help women enjoy their pregnancy, make healthy lifestyle decisions, and have healthy, full-term infants.

The Clinton County Health Department MOMS program can help you obtain prenatal care. It can also assist you in obtaining a variety of other services, such as pregnancy testing, WIC, and Medicaid. Special Medicaid eligibility standards are used for pregnant women and sometimes back bills can be covered. The MOMS program provides valuable education about your pregnancy, delivery, and care for your baby when you get home. A MOMS nurse can assist you by answering difficult questions, explaining your care and providing emotional support.

NOTE: The EPA has issued a "fish and shellfish" warning for pregnant or nursing women. Please read their brochure for important details.

What Services Are Available?

- > Free pregnancy test
- > Immediate temporary Medicaid coverage
- > WIC nutrition checks
- > Confidential HIV counseling and testing
- > Lead screening and TB testing
- > Immunizations (including vaccines for tetanus, hepatitis B, and influenza)
- > On-going pregnancy, birth and parent classes (group or individual meeting at WIC clinics, school or at home)
- > Help with arranging for doctor appointments
- > Help and support to quit smoking
- > Information on other useful resources for the pregnant woman and her family

Where and When are the MOMS Clinics?

Evening MOMS clinics are held twice a month at 32 Court Street, Plattsburgh, NY 12901 from 3:30 - 6:30 PM. By appointment only - No walk-ins!. Please call 565-4848.
MOMS clinics are held eight times a month at Temple Beth Israel, 1 Bowman Street, Plattsburgh, NY 12901. By appointment only - No walk-ins!. Please call 565-4848.

Who is Eligible?

Any woman who is: pregnant, lives in Clinton County, and is at or below income guidelines:

Eligible Income Levels 2008

2008 (estimated) Eligible Income Levels	
<i>A pregnant woman = 2 people</i>	
Number in Household	Gross Monthly Income
2	\$2,334
3	\$2,934
4	\$3,534
5	\$4,134
6	\$4,734
7	\$5,334
8	\$5,934
Additional Person(s)	add \$600 ea.

Contact Us

To receive more information, call or visit us at:

Clinton County Health Department
Health Services Unit
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