

SCHOOL T.A.B.L.E.

Clinton County School Nutrition Programs

A variety of school based nutrition services are available through the Nutrition Services Unit of the Health Department. Serving nutritious meals and snacks, providing nutrition education, and advocating for school nutrition policies and physical activity programs in our schools creates a crucial link to physical and intellectual fitness for our children.

The School T.A.B.L.E. (Team Adirondack Breakfast and Lunch Educators) is a unique group in our state working together to "promote healthy eating patterns in our youth through education and the provision of nutritious meals in our cafeteria classrooms." Members include representatives from the Clinton County Health Department and school food service/nutrition managers.

How Does It Work?

Team Adirondack Breakfast and Lunch Educators is a group of school nutrition managers working to assure nutritional fitness in our schools. All schools in Clinton County are invited to participate.

Through collaboration, T.A.B.L.E. members work together to provide the best possible meals and snacks for area students, adjust menus to meet USDA recommendations, and direct resources to help extend nutrition messages through the school cafeterias into classrooms and homes.

[Click here for the School T.A.B.L.E. Brochure](#)

Snack and Beverage Standards

School Snacks and Beverage Standards for Clinton County schools and assistance with the development of a School Wellness Policy will help area schools develop standards to help assure a healthy nutrition environment for their students.

The federal law, PL#108-265, requires each educational agency that receives funding for USDA child nutrition programs to establish a local school policy by the 2006 school year. Clinton County has taken a lead role in this practice, with adaptation of school nutrition/physical activity policies in two of our local school districts.

Assistance can be provided to help facilitate the group process to create a school policy and to complete the CDC School Health Index to assess a school's needs.

Goals for 2010-2011 School Year

1. Coordinate annual school foodservice workshops.
2. Initiate taste testing opportunities in local cafeterias to menu new items and a la carte snacks/drinks.
3. Coordinate marketing for local school nutrition programs through standardized menu templates and newsletters through the Menu Magic Program.
4. Work with Healthy Schools grant to implement policy changes in nutrition in schools.

About Membership

All food service/nutrition managers from both public and private schools in Clinton County are invited and encouraged to participate in the organization. Meetings are held monthly through the school year. Call 565-4840 for more information.

Contact Us

To receive more information on nutritional programs, call or visit us at:

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